
JESSE J. HELTON

School of Social Work
St. Louis University
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EDUCATION

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| 2010 | Ph.D. | University of Illinois at Urbana-Champaign
School of Social Work
<i>Concentration: Human Development and Family Studies</i> |
| 2004 | M.A. | University of New Hampshire
Department of Sociology |
| 2002 | B.A. | Eureka College
Sociology and Psychology
Cum Laude |

RESEARCH AND TEACHING AREAS

Child Abuse and Neglect; Disability and Health; Child Welfare; Research Methods; Food Insecurity; Quantitative Methods; Mixed Methods; Social Welfare Policy

ACADEMIC AND FACULTY APPOINTMENTS

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| 2020-Present | Associate Professor
School of Social Work
St. Louis University |
| 2014-2020 | Assistant Professor
College of Public Health and Social Justice
School of Social Work
St. Louis University |
| 2011-2014 | Research Assistant Professor
School of Social Work
University of Illinois |
| 2010-2014 | Research Specialist
Children and Family Research Center
University of Illinois |

FUNDED RESEARCH

- 2021-2023 Principal Investigator. *Improving Nutritional Education and Food Assistance for At-Risk Families: A Multiple Case Study*. Doerr Center for Social Justice Education and Research. (\$14,050)
- 2018-2023 Principal Investigator Melissa Jonson-Reid. *Center for Innovation in Child Maltreatment Policy, Research, and Training (CICM)*. Co-investigator. Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD).
- 2018-2019 Evaluator. *Wellbeing of Men Transitioning from Prison*. Funded by Lutheran Foundation. (\$10,000).
- 2016-2018 Principal Investigator. *Food Insecurity and Child Welfare in Missouri*. Fund. (\$48,291).
- 2015 Principal Investigator. *Family Mealtimes, Nutrition, and Emotional Regulation of Children with ADHD*. Funded by the Doerr Center for Social Justice Research and Education. (\$6,964)
- 2014-2016 Evaluator. *Mind-Body Well-Being Project*, Lutheran Family and Children (\$6,711)
- 2012-2014 Principal Investigator. *Healthy agencies, healthy kids*. Funded by the Consortium to Lower Obesity in Chicago Children (CLOCC). (\$17,102)
- 2011-2013 Principal Investigator. *"Fostering" health and nutrition: Targeting family-level risk factors for young foster children in substitute care*. Co-investigator Barb Fiese. Funded by The Christopher Family Foundation Food and Family Program. (\$60,000)
- 2010-2012 Co-Principal Investigator. *Evaluation of domestic battery, parental engagement, and juvenile sex offender programs*. Co-principal investigator Joseph P. Ryan. Funded by DuPage County Juvenile Probation and the MacArthur Foundation. (\$35,000)
- 2005-2008 Principal Investigator Mark Testa. *Evaluation of individual, familial, and community level factors related to secondary maltreatment*. Co-investigators with Christina Bruhn. Funded by the Department of Health and Human Services, Administration for Children and Families (\$84,816).

PEER-REVIEWED JOURNAL PUBLICATIONS

37. Haight, W.L., Finet, D., Bamba, S., & **Helton, J.J.** (2009). The beliefs of resilient African-American adolescent mothers transitioning from foster care to independent living: A case-based analysis, *Children and Youth Services Review*, 31(1), 53-62.
38. **Helton, J. J.** & Staudenmeier, W.J. (2002). Re-edge. *Contemporary Drug Problems*, 29(2), 445-473.

PEER-REVIEWED BOOK CHAPTERS

Cross, T.P., Goulet, B.P., & **Helton, J.J.** (2015). What will happen to this child if I report? What we know about pathways to different outcomes following reporting of child maltreatment. In B. Mathews and D. Bross (Eds.) *Mandatory reporting laws and the identification of severe child abuse and neglect*. New York: Springer.

Testa, M., Bruhn, C. & **Helton, J.** (2009). Comparative safety, stability, and continuity of
In M.B. Webb,
Dowd, K., B.J. Harden, J. Landsverk, & M.F. Testa (Eds.). *Child welfare and child well-being: New perspectives from the National Survey of Child and Adolescent Well-Being* (pp. 159-191). New York: Oxford University Press.

CONFERENCE PRESENTATIONS (n=39)

Behavioral Problems. Poster presentation at Gerontological Society of America, 70th Annual Scientific Meeting. Boston, MA.

Schreiber, J., Minarik, J., & **Helton, J.** (November, 2018). Teaching social work research methods using team-based learning and community engagement. Panel discussion at the Annual Program Meeting of the Counsel of Social Work Education. Orlando, FL.

Helton, J., *Gochez-Kerr, T., Cross, T., Haverson, J., Kerwin, C., Fluke, J., Trocmé, N., & Fallon, B., Trocmé, N., Fluke, J., Black, T., & Schumaker, K. (September 2018). Can classifying child protection cases as urgent or chronic lead to improved services for children and families? Paper submitted to the International Society for the Prevention of Child Abuse & Neglect (ISPCAN) XXII International Congress on Child Abuse and Neglect. Prague, Czech Republic.

Helton, J., *Gochez-Kerr, T., Cross, T., Haverson, J., Kerwin, C., Fluke, J., Trocmé, N., & Fallon, B. (September 2018). How can the urgent / chronic taxonomy be used to understand child welfare service provision in the US? Paper submitted to the International Society for the Prevention of Child Abuse & Neglect (ISPCAN) XXII International Congress on Child Abuse and Neglect. Prague, Czech Republic.

Helton, J. (June 2018). Preventing Child Physical Assault by Increasing Food Security. Paper presented at the Annual Conference of the American Professional Society on the Abuse of Children Colloquium, New Orleans, LA.

Helton, J. (June 2018). Sexual Abuse of Children with Learning Disabilities. Paper presented at the Annual Conference of the American Professional Society on the Abuse of Children Colloquium, New Orleans, LA.

Helton, J., Lightfoot, E., & Fu, Q. (January, 2018). The Prevalence of Childhood Disability in a National Child Welfare Sample: A Latent Profile Analysis. Paper presented at the Annual Conference of the Society for Social Work and Research, Washington, DC.

Helton, J. (January, 2018). A Longitudinal Study of Household Food Insecurity, Maternal Depression, and Physical Child Abuse in a National Sample of at Risk Families. Paper presented at the Annual Conference of the Society for Social Work and Research, Washington, DC.

Helton, J. A
Qualitative Analysis of Young Food Insecure Mothers At-Risk for Child Maltreatment. Paper presented at the Annual Conference of the Society for Social Work and Research, Washington, DC.

Helton, J. (January, 2018). Preventing Child Abuse by Reducing Household Food Insecurity. Symposium presented at the Annual Conference of the Society for Social Work and Research, Washington, DC.

Fluke, J, Trocme, T., **Helton, J.**, Cross, T, & Fallon, B. (September, 2017). Is the Urgent-Chronic Taxonomy Applicable in a US Context? Paper presented at the International Society for the Prevention of Child Abuse and Neglect, The Hague, Netherlands.

Kirkover, H., Moore, A., *Scheetz, G., & **Helton, J.** (Sept, 2017). Experiences of Food Insecurity. Poster presented at the annual Food and Nutrition Conference, Chicago, IL.

Schreiber, J., Wiley, J., Schweitzer, R., **Helton, J.** (May

Helton, J.J. & Diaz, A. (June, 2012). Foster youth and obesity: Who is at risk? Poster presented at the American Professional Society on the Abuse of Children 2012 Colloquium, Chicago IL.

Helton, J.J., Schreiber, J., Fuller, T., & Kearney, K. (August, 2011), A mixed methods way of thinking. Paper presented at the 2011 National Child Welfare Evaluation Summit, Washington, DC.

Helton, J.J. (May, 2011). Foster care and stigma in the United States: A qualitative analysis of lived experiences and state-level policies. Paper presented at the 7th International Congress of Qualitative Inquiry, Urbana, IL.

Helton, J.J., & Ryan, J. (March, 2011). The disproportional use of detention following a parental assault and the risk of re-offending. Paper presented at the Annual Conference of the Midwest Sociological Society, St. Louis, MO.

Helton, J.J. (January, 2011). Is unhealthy weight being overlooked in foster care? Comparing Body Mass Index of children in out-of-home care with national estimates. Poster presented at the annual conference of the Society for Social Work Research, Tampa Bay, FL.

Helton, J.J., & Cross, T. (July, 2010). Level of child functionality and caregiver report of physical assault. Paper presented at the International Family Violence and Child Victimization Research Conference, Portsmouth, NH.

Helton, J.J. (January, 2008). The relative stability of out-of-home placements and children with disabilities. Paper presented at the Annual Conference of the Society for Social Work and Research, Washington, D.C.

Helton, J.J. & Bruhn, C. (July, 2007). Early detection of a developmental disability, the provision of developmental services, and recurrence of maltreatment among a National Sample of Investigated Children. Paper presented at the International Family Violence and Child Victimization Research Conference, Portsmouth, NH.

Helton, J.J. (July, 2007). Defining violence: Child maltreatment, corporal punishment, and the usefulness of mixed methods. Paper presented at the annual meeting of the Midwest Sociological Society, Chicago, IL.

Helton, J.J. (June, 2007). Children with disabilities in the child welfare system: Introducing a new policy language. Paper presented at the Annual Meeting of the Society for Disability Studies, Seattle, WA.

Helton, J.J. & Staudenmeier, W.J. (May, 2001). Re-imagining b s straight edge. Paper

Drugs (SoRAD), Stockholm University, in Skarpo, Sweden.

INVITED TALKS

Helton, J.J. (2021). Food insecurity and child welfare. *CICM Education and Training Webinar*.

Helton, J.J. (2018). Food insecurity and child abuse potential: A case study of Missouri. *Saint Louis Partners Quarterly Meeting*.

Helton, J.J. (2016). Predictors of permanence in Missouri. *Saint Louis Partners Quarterly Meeting*.

Cross, T.P., & **Helton, J. J.** (2012). *The well-being of Illinois children in substantiated investigation: Baseline results from the Illinois Survey of Child and Adolescent Well-Being*. Urbana, IL: Children and Family Research Center, University of Illinois at Urbana-Champaign.

Cross, T.P., & **Helton, J.J.** (2012). Child well-being. *Conditions of children in or at risk of foster care in Illinois: 2010 Report*. Urbana, IL: Children and Family Research Center, University of Illinois at Urbana-Champaign.

Cross, T.P., & **Helton, J.J.** (2012). *Concurrent criminal and child protective services investigations*. Urbana, IL: Children and Family Research Center, University of Illinois at Urbana-Champaign.

Lyons, S., Cross, T., & **Helton, J.** (2012). *The well-being of Illinois infants and toddlers in substantiated child maltreatment cases*. Urbana, IL: Children and Family Research Center, University of Illinois at Urbana-Champaign.

Helton, J.J. (2011). *Unhealthy weight among maltreated children in Illinois*. Urbana, IL: Children and Family Research Center, University of Illinois at Urbana-Champaign.

Cross, T.P., & **Helton, J.J.** (2010). Child well-being. *Conditions of children in or at risk of foster care in Illinois: 2009 Report*. Urbana, IL: Children and Family Research Center, University of Illinois at Urbana-Champaign.

Helton, J.J. & Ryan, J.P. (2010). *A ten-year analysis of juvenile arrests in DuPage county: A report on domestic battery*. Research brief for the *Illinois Models for Change Initiative, MacArthur Foundation*. Urbana, IL: Children and Family Research Center, University of Illinois at Urbana-Champaign

Helton, J. J. & Ryan, J. P. (2010). *The effect of mental health screening and service utilization on the risk of probation violation for minority youth in the Cook County juvenile justice system*. Research brief for the *Illinois Models for Change Initiative, MacArthur Foundation*. Urbana, IL: Children and Family Research Center, University of Illinois at Urbana-Champaign

Cross, T.P., & **Helton, J.J.** (2010). *Enrollment in early childhood education programs for young children involved with child welfare*. Urbana, IL: Children and Family Research Center, University of Illinois at Urbana-Champaign.

Hartnett, M. A., Bruhn, C., **Helton, J. J.**, Fuller, T., & Steiner, L. (2009). *Illinois Child Well-being study: Year 2 Final Report*. Urbana, IL: Children and Family Research Center, University of Illinois at Urbana-Champaign

AWARDS AND SCHOLARSHIP

American Public Health Association Subject Matter Expert - ACEs & Childhood Protective Factors (2023)

SWRK 5764 Child and Family Services
SWRK 5702 Social Policy (online)
SWRK 5707 Policy and Practice

University of Illinois

SOCW225 Introduction to Statistics
SOCW410 Social Welfare Policy

Eureka College

SOC100 Introduction to Sociology

Schrieber, J. (completed May 2013). Religious socialization of maltreated youth and the impact of religiosity on their delinquency. University of Illinois School of Social Work

TRAININGS

Using Evidence Based Models in real Practice American Professional Society on the Abuse of Children 2015 Colloquium, Boston, MA.

Introduction to Structural Equation Modeling

American Journal of Preventative Medicine
Child Abuse & Neglect
Child Maltreatment
Children and Youth Services Review
Child Welfare
Journal of Psychiatric Research
Public Health Nutrition
Focus on Autism and Other Developmental Disabilities
Society for Social Work and Research

COMMUNITY SERVICE

Member of *No More Abuse Saint Louis* planning committee, 2018-current
, 2018-present
Board of Directors Sola Gratia Farms (Community Supported Agriculture), Urbana
IL 2012-2014

PROFESSIONAL ASSOCIATIONS

National Association of Social Workers
Society for Social Work and Research
American Professional Society on the Abuse of Children
American Society of Criminology
Society for Disability Studies
Midwest Sociological Society