

# HOW OFTEN SHOULD I BE SCREENED FOR CANCER AFTER AGE 50?

## Men and Women

### Colorectal Cancer

- Fecal occult blood test yearly.
- Colonoscopy every 10 years starting at age 50 and until at least 80 years of age.

### Skin

- Do monthly skin self-exam.
- Have your physician look at any new growths or changing moles at least yearly.

### Other

- Your physician should check lymph nodes, thyroid, and mouth yearly.

## Men

### Prostate

- Prostate specific antigen and digital rectal exam yearly until at least 75 years of age.

## Women

### Breast

- Have your physician examine your breasts yearly.
- Do monthly self-exams.
- Mammograms yearly until at least 80 years of age.

### Gynecological

- Have a yearly pelvic exam.