

CURRICULUM VITAE

Chris A. Sebelki, PhD, PT, DPT, OCS, CSCS

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Nov 1999 Conditioning Association
Credentialed Clinical Instructor, American Physical Therapy Association

Professional Employment Experience -- Academic & Research:

Saint Louis University (SLU)

Program in Physical Therapy, St. Louis MO

2017 present Associate Professor (tenure track)

2017 present Clinical Services and Residency Division Lead

2014 - 2017 Associate Professor (non-tenure track)

2013 - present SLU-SSM Health Physical Therapy Orthopedic Residency Program Director

2008 - 2014 Assistant Professor

University of Southern California (USC), Los Angeles, CA

Division of Biokinesiology and Physical Therapy, Los Angeles, CA

2018-present Adjunct Associate Professor of Clinical Physical Therapy

2006-2008 Director of Continuing Education

2003-2008 Director of Clinical Education

2001-2008 Assistant Professor of Clinical Physical Therapy

1998-2001 Instructor of Clinical Physical Therapy

1995-1998 Research assistant in Motor Control Laboratory

Professional Employment Experience Employment -- Positions Held:

2008 - present SLU Faculty Physical Therapist

SLU Physical Therapy Clinic

Saint Louis University

Saint Louis, MO

2005 2008 USC Mentor in Orthopedic Residency Program

USC PT Associates

Los Angeles, CA

2003 2005 USC Faculty Physical Therapist

USC PT Associates

Los Angeles, CA

2002 2003 Physical Therapist Level III

Outpatient Orthopedic Rehabilitation

University of Southern California University Hospital

Los Angeles, CA

1999 2003

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- 1999 2002 Physical Therapist Level II
Outpatient Orthopedic Rehabilitation
University of Southern California University Hospital
Los Angeles, CA
- 1998 1999 Physical Therapist Level I
Inpatient Orthopedic Rehabilitation
University of Southern California University Hospital
Los Angeles, CA

Peer Reviewed Publications:

- 2020 **Sebelski C**, Green-Wilson J, Zeigler S, Clark D, Tschoepe B. Leadership Competencies for Physical Therapists: A Delphi Determination. *Journal of Physical Therapy Education*, 34(2), 96-104. doi:10.1097/jte.000000000000130.
- 2019 **Sebelski C**, Hoogenboom B, Hayes A, Held-Bradford, E Wainwright S, and Huhn K. The Intersection of Movement and Clinic Physical Therapy, pzz137, <https://doi.org/10.1093/ptj/pzz137>.
- 2019 Dorsey L, **Sebelski C**, Moran V, Perolio J. Be a Chameleon Avoid leading from one color. 2019 ASAHP Annual Conference: Keeping Ahead of the Curve Allied Health Education in the Evolving World of Health Care Delivery. *Journal of Allied Health* 48(4): 310.
- 2018 Hendricks-Ferguson VL, Ruebling I, Sargeant D, Banks R, Kienstra K, Eliot K, Howell, T, **Sebelski C**, Moore K, Armstrong K. Undergraduate Interprofessional Educa Making Skills. *Journal of Interprofessional Care*. 00 , 00 p 1 9 <https://doi.org/10.1080/13561820.2018.1443912>
- 2017 **Sebelski, CA.**

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- 2011 Davenport TE, **Sebelski CA**. The physical therapist as a diagnostician: how do we, should we, and could we use information about pathology in our practice? [Letter to Editor] *Phys Ther*. Nov 2011; 91(11):1694-1695
- 2000 Bradley NS, **Sebelski C**. Ankle Restraint Modifies Motility at E12 Chick Embryos. *Journal of Neurophysiology*, 83(1): 431-40, Jan. 2000
- 1996 Nadler J, **Sebelski C**, Visich P, Mayhew JL. Comparison of estimated and actual strength performance among college men and women: interaction of perception and performance. *IAHPERD Journal*, 29:12-13, 1996
- 1994 **Sebelski C**, Wilson L, Mayhew JL, Ball, T. Effect of Resistance Training on Muscle Strength and Endurance *MAHPERD State Journal*, Vol. 4, Spring, 1994

Peer Reviewed Publications (accepted):

- 2020 Green-Wilson J, **Sebelski C**, Tschoepe B, Zeigler S, Clark D. Exploring the Concept of Leadership from the Perspective of Physical Therapists in the United States. *Physiotherapy Canada*
- 2020 Tschoepe B, Clark D, Zeigler S, Green-Wilson J, **Sebelski C**. The Need for a Leadership Competency Framework for Physical Therapists: A perspective in action. *Journal of Physical Therapy Education*
- 2020 **Sebelski C**, Tschoepe B, Green-Wilson J, Zeigler S, Clark D. Needed 100 Years Ago and Still Needed Now: Leadership through Crisis and Recovery. *Physical Therapy*

Peer Reviewed Publications (under review):

- 2020 Moran V, Israel H, **Sebelski C**. Leadership development of nursing professionals: Education and influences of self-efficacy. *Nursing Outlook*
- 2020 **Sebelski C.**, Moran V. Nursing Leadership Development: A 10-year scoping review. *Journal of Professional Nursing*

Peer Reviewed Publications (submitted):

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In: Maxey L. & Magnusson J (Eds). *Rehabilitation for the Post Surgical Orthopedic Patient*. St. Louis, MO: Mosby Inc. .

- 2006 **Sebelski C.** (2006). *American Physical Therapy Association (APTA) Current Concepts of Orthopedic Physical Therapy: Elbow*. Independent Study Course Series. Alexandria, VA: APTA. 2nd Edition

Peer Reviewed Scientific and Professional Presentations:

- 2020 Jensen G, Hack L, Nordstrom T, Mostrum E, Bennie S, Miller D, **Sebelski C**, Darnold T. Exploring Leadership and Excellence in Physical Therapist Education: Blazing a Research Path. Combined Sections of the American Physical Therapy Association. Denver, CO Educational Session.
- 2020 **Sebelski C.** Green-Wilson, J., Zeigler, S., Clark, D., & Tschoepe, B. Leadership Competencies for Physical Therapist Practice: A Continuum from D.P.T. to Residencies and Beyond. Combined Sections of the American Physical Therapy Association. Denver, CO Educational Session.
- 2019 **Sebelski C.** Green-Wilson, J., Zeigler, S., Clark, D., & Tschoepe, B. The Results are in: Leadership Competencies for the Physical Therapist. Educational Leadership Conference, Bellevue WA. Educational session
- 2019 Andersen M, Havens K, Kirages D, Nelson M, Robertson E, Tilson J, **Sebelski C.** DPT Student Self-Efficacy on Psychomotor Skill Performance: A Comparison of Hybrid and Traditional Learning Models. (Platform presentation) Educational Leadership Conference, Bellevue WA
- 2019 Dorsey L, **Sebelski C**, Moran V, Perolio J. Be a Chameleon Avoid leading from one color. 2019 ASAHP Annual Conference: Keeping Ahead of the Curve Allied Health Education in the Evolving World of Health Care Delivery. North Carolina. Educational session
- 2019 **Sebelski, C. A.**, Green-Wilson, J., Zeigler, S., Clark, D., & Tschoepe, B. (2019). Leadership Competencies for Physiotherapists: A Delphi Determination. World Congress of Physiotherapists. Geneva, Switzerland: World Confederation of Physiotherapists.
- 2019 Fleck C. Gbadegesin O, Hayes A. **Sebelski C.** Held Bradford E. Reframing Your Lens: Using Visual Thinking Strategies in Movement Analysis. Combined Sections of the American Physical Therapy Association. 2.0 hour educational session. Washington DC.
- 2018 **Sebelski, CA.** Dorsey, L. Moran, V. Perolio, J. Intentional Analysis of your Leader Self-Efficacy. Educational Leadership Conference, Jacksonville, FL. Educational Session
- 2018 **Sebelski, C.** Green-Wilson, J. Zeigler, S. Clark, D. Tschoepe, B. Leadership skills as an essential competency: the missing link in DPT education. Educational Leadership Conference, Jacksonville, FL Educational Session.
- 2017 Hayes AM, **Sebelski CA**, Held Bradford E. Visual Analysis of Movement: How do we use what we see? Combined Sections of the American Physical Therapy Association. 1.5 hour educational session San Antonio TX.
- 2016 **Sebelski C.** Levenhagen K. Fostering Excellence in Interprofessional

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A Model Educational Collaborative to Address New Accreditation Requirements in Manipulation and Mobilization.

Combined Sections Meeting. Nashville, TN. February, 2008

- 2007 Resnik C, **Sebelski, C.** *A Tool Using reflection and Collaboration to Develop Professionalism.* Innovations in Medical Education Conference, (platform presentation) Pasadena, CA. March 4, 2007
- 2006 Davenport T, **Sebelski C.** *The Diagnostic Proc*

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- 2016 **Sebelski CA.** Perceptions of Leader Self-Efficacy of Physical Therapists from Academic and Clinical Environments. Education Leadership Conference. Phoenix, AZ. October, 2016
- 2016 **Sebelski CA,** Levenhagen K. Influencing student self-efficacy in communication and clinical reasoning through a high fidelity human simulation experience for a complex acute care environment Education Leadership Conference. Phoenix, AZ. October, 2016
- 2016 Hendricks-Ferguson, V. L., Sargeant, D., Ruebling, I, Banks, R., **Sebelski, C.,** Kienstra, K., Howell, T, Eillot, K. Moore, K., & Armstrong, K. Evaluation of -making skills when working with patients and other health care professionals. Health Sciences Interdisciplinary Research Symposium. Saint Louis University, St. Louis, MO 12 0012 0012 0012 16(12 00

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Residencies and Beyond. Combined Sections of the American Physical Therapy Association. Denver, CO Accepted for Educational Session.

- 2019 Zeigler, S., Green-Wilson, J., Clark, D., Tschoepe, B., & **Sebelski C.** The Importance of Leadership Competencies: Prioritizations By Student Physical Therapists. Combined Sections of the American Physical Therapy Association. Denver, CO Not accepted.
- 2019 Markee M, **Sebelski CA.** Incorporating Entrepreneurship in a Professional Physical Therapy Program. Combined Sections of the American Physical Therapy Association. Denver, CO

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collegiate-aged individuals with post-concussion disorder: a rapid review. 2016. Combined Sections of the American Physical Therapy Association. San Antonio TX. Accepted for poster presentation

- 2016 **Sebelski CA.** Perceptions of Leader Self-Efficacy of Physical Therapists from Academic and Clinical Environments. Education Leadership Conference. Accepted for poster presentation.
- 2016 Held Bradford E, Hayes AM, **Sebelski CA.** How do you know and use what you see? Visual analysis of movement as a fundamental skill in physical therapy. Education Leadership Conference. Not accepted for educational session.
- 2015 **Sebelski CA.** Perceptions of Leader Self-Efficacy of Physical Therapists. Combined Sections of the American Physical Therapy Association. Anaheim, CA. Submitted. Accepted for Poster Presentation February, 2016
- 2014 Austin TM, Richter RR, **Sebelski, CA.** 5 + GRADE + 5 = solid clinical reasoning for guideline implementation. Combined Sections of the American Physical Therapy Association, Indianapolis, IN. Accepted for Educational Session, October, 2014.
- 2014 **Sebelski CA,** Levenhagen K. High fidelity human simulation used to develop required behaviors in acute care. Combined Sections of the American Physical Therapy Association, Indianapolis, IN. Accepted for Poster Presentation, October, 2014.
- 2014 Hayes AM, **Sebelski CA.** The influence of video review and iPad apps to enhance visual analysis of movement of the lower extremity. Combined Sections of the American Physical Therapy Association, Indianapolis, IN. Accepted for Poster Presentation, October, 2014.
- 2014 **Sebelski C,** Hayes AM, Held Bradford, E. Visual Observation - Clinical Reasoning: Explain what you see. Combined Sections of the American Physical Therapy Association, Indianapolis, IN. Submitted 2014. Not accepted
- 2014 **Sebelski C,** Hayes AM, Held Bradford, E. Visual Observation - Clinical Reasoning: Explain what you see. Missouri State Conference. Submitted 2014. Accepted for Educational Session
- 2014 Hendricks-Ferguson, V. Sargeant, D., Ruebling, I, Banks, R., **Sebelski, C.,** Kienstra, K., Powell, T, Moore, K., & Armstrong, K. Interprofessional Education Course Assignment: Undergraduate Students Per Responses and Decision-Making Skills related to Patient-Centered Care96 Tf1 0 0 1 227.57 478.63 Tr

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2011

Perdomo M, **Sebelki, C**, Yamada-Heng, K. *Cervical Spine and Shoulder*

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2018

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- 2001-2006 University of Southern California Community Health Fair, On Site Facilitator.
2003-2006 Health Fitness Screenings, Program Coordinator

Teaching Experience at Saint Louis University (in sequence, by quarter or semester):

- Sum SY DPT411 Kinesiology I
Course Instructor, 2010 - 2013
- Fall SY DPT455 Basic Exam
Lab Instructor, 2008
- Spr SY DPT520 Musculoskeletal Conditions I
Course/Lab Instructor, 2012 - 2014
Course Coordinator and Course/Lab Instructor, 2010 2011
- Fall PYI DPT521 Musculoskeletal Conditions II
Thoracic Unit Lecturer and Lab Lead: 2015 - 2017
Lab Instructor: 2008 2015
- Spr PYI DPT570 Patient Management I
Course Coordinator and Course Lecturer, 2011 - present
- DPT522 Musculoskeletal Conditions III
Lecturer and Lab Lead: 2009 - 2017
Lab Instructor, 2009 2015
- Interprofessional Team Seminar
Small group facilitator, 2011 - 2012

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Fall/Spring IPE370: Healthcare Ethics
Case Facilitator Fall 2008 - 2010

Teaching Responsibilities in the other Saint Louis University Programs (in sequence, by quarter or semester):

Spring, 2010-2012 ATEP Seminar: Role of Core in Rehabilitation

Teaching Responsibilities

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- June 8, 2010 *ISPS Orthopedic Lecture Series: Headaches (.3 CEU's)*
Course Instructor: Cesar Fernandez de las Penas, PT, DO, PhD
- May 6, 2010 *ISPS Orthopedic Lecture Series: Thoracic Outlet Syndrome (.3 CEU's)*
Course Instructors: Justin Brown, MD, Renee Ivans, PT, DPT
- Feb. 17-20, 2010 *APTA Combined Sections, San D*
- July 9-