Whitney R. Linsenmeyer, PHD, RD, LD
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Department of Nutrition and Dietetics
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Updated 7.25.2023

EDUCATION

2017 PhD in Higher Education Administration
Saint Louis University
St. Louis, MO

2012 MS in Nutrition and Culinary Entrepreneurship
Saint Louis University
St. Louis, MO

2011 Dietetic Internship
Saint Louis University
St. Louis, MO

2010 Honors BS in Nutrition and Dietetics with an Emphasis in Culinary Arts
Saint Louis University
St. Louis, MO

LICENSURE AND CERTIFICATION

2011 Registered Dietitian
Commission on Dietetic Registration
#1010832, registered through 2023

2011 Licensed Dietitian
Missouri Division of Professional Registration
#2011035397, licensed through 2024

PROFESSIONAL EXPERIENCE AND ACADEMIC APPOINTMENTS

2018-2024 National Spokesperson, Academy of Nutrition and Dietetics
Chicago, IL

2019-Present Assistant Professor, Department of Nutrition and Dietetics
Doisy College of Health Sciences
Saint Louis University
St. Louis, MO

2019-2021 Director of the Didactic Program in Dietetics, Department of Nutrition and Dietetics
Doisy College of Health Sciences
Saint Louis University
St. Louis, MO

2013-2019 Instructor, Department of Nutrition and Dietetics
Doisy College of Health Sciences
Saint Louis University
St. Louis, MO

2019-2024

6/21 National Institutes of Health R21. A Family Resilience Investigation into Critical Family Processes Influencing Transgender and Gender Non-Conforming Adolescent Health and Development. Proposed Role: Co-Investigator.

11/18 Research Growth Fund. Transgender Health Collaborative, $20,920. Proposed Role: Primary Investigator.

6/18 Wayne F. Placek Grant. Food and Nutrition Considerations of Transgender Clients in an Underserved Community: An Exploratory Ethnographic Pilot Study, $10,000. Proposed Role: Primary Investigator.

9/14 Foodservice Systems Management Education Council (FSMEC). Motivating Factors of Undergraduate Dietetics Students to Earn a Combined Degree in Nutrition and Culinary Arts, $2,000. Proposed Role: Primary Investigator.

PROFESSIONAL ORGANIZATION MEMBERSHIPS

2022-Present World Critical Dietetics, Member.

2020-Present Nutrition and Dietetics Educators and Preceptors, Member.

2020-Present American Society for Nutrition, Member.

2018-Present Les Dames d՚Escoffier, St. Louis Chapter, Member.

2016-Present Academy of Nutrition and Dietetics, Member.

2016-Present Missouri Academy of Nutrition and Dietetics, Member.

2016-Present St. Louis Chapter, Academy of Nutrition and Dietetics, Member.

2016-Present Alpha Eta Honors Society, Member.

2015-Present Foodservice Systems Management Education Council, Member.

2014-Present Coleman Foundation, Fellow.

2015-2017 American College Personnel Association, Member.

2015-2017 Missouri College Personnel Association, Member.

2008-2010 American Culinary Federation, Member.

PROFESSIONAL SERVICE

2022-2025 Member, Council on Research, Dissemination Subcommittee Academy of Nutrition and Dietetics

2023 Reviewer, Robert Wood Johnson Foundation, Healthy Eating Research Grant Program

2022-Present Reviewer, *Journal of Nutrition Education and Behavior*

2020-Present Reviewer*, Journal of the Academy of Nutrition and Dietetics*

2019-Present Reviewer, *Transgender Health*

2018-Present	Reviewer, *Journal of Child Nutrition and Management*, School Nutrition Association.
2017-Present	Secretary, Alpha Eta Honors Society, Doisy College of Health Sciences Chapter.
2018-2021	Mentorship Chair, Research Dietetic Practice Group, Academy of Nutrition and Dietetics.
2019-2021	Green Tables Chair, Les Dames d'Escoffier, St. Louis Chapter.
2016-2017	Social Media Chair, Academy of Nutrition and Dietetics, St. Louis Chapter.
2016-2017	Member, Conference Planning Committee, American College Personnel Association Midwest Drive-In Conference.
2016-2017	Member, Wellness and Accessibility Committee, American College Personnel Association Midwest Conference.
2016	Participant, Advisory Roundtable, Midwest Dairy Council: Milk & Dairy Imitators.
2015-2017	Assistant Editor, Journal of the 21st Century Academic Forum.
2015	Member, Ad Hoc Food and Nutrition Conference Expo Committee, Foodservice Systems

Staying hydrated in a St. Louis Summer, Great Day St. Louis, May 2023
USDA ban on chocolate milk, Verify This, May 2023

Safety of edible gold leaf, The Takeout, October 2018

2014-2015 Standing Member, Tiffany Neighborhood Association

PUBLICATIONS

Peer Reviewed Manuscripts

2023 **Linsenmeyer, W**, Heiden-Rootes, K, Drallmeier, T, Rahman, R, Buxbaum, E, Rosen, W, Gombos, B, Otte, A. Advancing inclusion of transgender and gender diverse identities in

2021 **Linsenmeyer, W**, Rahman, R. Caring for transgender and gender diverse patients: Considerations for the clinical nutrition manager. *Future Dimensions in Clinical Nutrition Practice, Academy of Nutrition and Dietetics*, Special Edition on Diversity, Equity and Inclusion, Spring 2021, 15-

2019 Wright-Jones, L, Linsenmeyer, J, Finocchiaro, E., **Linsenmeyer, W**., Lucas, T. Leading through crisis: Assessing higher education executive communications after the Darren Wilson Grand Jury Decision. *Missouri Electronic Journal of Sociology*. Fall 2019, 16(1).

2018 **Linsenmeyer, W**, Rahman, R. Diet and nutritional considerations for a FtM transgender male: A case report. *Journal of American College Health*, *66*(7), 533-536.

2018 **Linsenmeyer, W**, Rahman, R. The future of registered dietitian nutritionists in foodservice management: Millennial students career motivations and aspirations.

2016 **Linsenmeyer, W**. Free degree? Sure, why not? In: C. Artenie & D.J. Davis & (Eds.), *Specialists: Passions and Careers.* Montreal, Canada: Universitas Press; 2016.

Non-peer Reviewed Manuscripts and Submissions

2023 **Linsenmeyer, W**, Landry, MJ. What to eat when transitioning with hormone therapy. Academy of Nutrition and Dietetics website. Published February 15, 2023. https://www.eatright.org/health/wellness/weight-and-body-positivity/what-to-eat-when-transitioning-with-hormone-therapy

2022 Schier, H, **Linsenmeyer, W**, Sauer, K, DeBiasse, M, Wallace, T, Gunther, C, Lewis, C, Garwood, S, Waters, J, Joy, P, Brady, J. Sex, gender identity, and sexual orientation data. 2024 National Health and Nutrition Examination Survey (NHANES) Content Solicitation.

2015 **Linsenmeyer, W** & Lucas, T. An assessment of college and university executive communication to key stakeholders prior to the unrest in Ferguson, Missouri. Proceedings from the International Conference on Advances in Management.

PEER REVIEWED PRESENTATIONS

Internationa

2022 Linsenmeyer W, Rabia R. Advancing inclusion of transgender and gender diverse identities in clinical education. Nutrition and Dietetic Educators and Preceptors (NDEP) Spring Meeting, Academy of Nutrition and Dietetics. Virtual/Online, April 2022.

2021 Linsenmeyer W, Zickgraf HF, Garwood SK, Lewis CB, Giedinghagen AM, Reed J. Validation of the nine-item avoidant/restrictive food intake disorder screen among transgender and nonbinary youth and young adults. Poster Presentation and the Food and Nutrition Conference Expo, October 2021. Abstract published in the *Journal of the Academy of Nutrition and Dietetics.* 2021;121(SA63).

2021 Linsenmeyer WR, Heiden-Rootes K, Drallmeier TM, Armstrong E, Thomure M. The evolving role of nutrition and exercise in the lives of transgender men: A narrative inquiry. Poster Presentation at Nutrition 2021, Live/Online, June 2021. Abstract published in *Current Developments in Nutrition*. 2021;5(S2):4247.

2020 Linsenmeyer, WR, Reed, JK, Giedinghagen, AM, Lewis, CB, Garwood, SK. Nutrition considerations for transgender adolescents and young adults: Screening for disordered eating and food insecurity at a Midwestern transgender center. Poster presentation at Nutrition 2020, Live/Online, June 2020. Abstract published in *Current Developments in Nutrition*. 2020;4(S2):1130.

2020 Rozga, M, Gradwell, E, Cantell Wood, J, Darst, V, Linsenmeyer, WR. Hormone therapy, health outcomes and the role of nutrition in transgender individuals: A scoping review. Poster presentation at Nutrition 2020, Live/Online, June 2020. Abstract published in *Current Developments in Nutrition*. 2020;4(S2):1481.

2019 Linsenmeyer, W, Heather, S. Nutrition-related messages shared among the online transgender community: A netnography of YouTube vloggers. Poster presentation at the Food and Nutrition Conference Expo, 2019, Philadelphia PA, October 2019. Abstract published in the *Journal of the Academy of Nutrition and Dietetics*. 2019;S1:A70.

2019 Linsenmeyer, W. Nutrition care for the transgender population. Food and Nutrition Conference Expo, Academy of Nutrition and Dietetics Spokesperson Program. Philadelphia, PA, October 2019.

2019 Linsenmeyer, W, Rahman, R. The future of registered dietitian nutritionists in foodservice management: Millennial students career motivations and aspirations. Foodservice Systems

2017 Linsenmeyer, W, Lucas, T. Let's talk about it: Addressing student questions about civil unrest on a college campus. Oral presentation at the Missouri Association of College Admissions Counselors College Counseling Institute, St. Louis, MO, October 2017.

2016 Lucas, T, Finocchario, E. The Ferguson riots. Paper presentation at the National Association of Multicultural Education Conference, Missouri Chapter, Kansas City, MO, October 2016.

2016 Linsenmeyer, W, Lucas, T. The student voice: How the civil unrest in Ferguson affected SLU students. Paper presentation at the American College Personnel Association Midwest Conference, Kansas City, MO, October 2016.

2015 Linsenmeyer, W. Employing students in a sustainable food service operation. Paper presentation at the Missouri College Personnel Association Conference, Osage Beach, MO, October 2015.

2015 Lucas, T, Linsenmeyer, W. Assessment of college and university communications: Ferguson grand jury decision. Paper presentation at the Missouri College Personnel Association Conference, Osage Beach, MO, October 2015.

2023 Waters, J, Linsenmeyer W. Nutritional considerations for the care of transgender and gender-diverse patients. West Suburban Academy of Nutrition and Dietetics. (Virtual Presentation).

2022 Linsenmeyer, W. Gender-affirming nutrition care for transgender and gender diverse clients. El Rio Community Health Center. (Virtual Presentation)

2022 Linsenmeyer, W, Waters, J. Nutrition care for the transgender and gender diverse community. Michigan Institute for Care Management & Transformation. (Webinar)

2022 Mattfeldt-Beman, M, Linsenmeyer, W. Entrepreneurship in dietetics education. Universitas Brawijaya. (Virtual Workshop).

2022 Mattfeldt-Beman, M, Rahman, R, Linsenmeyer, W. Dietetics curriculum workshop. Universitas Brawijaya. (Virtu

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2016 Linsenmeyer W, Nutrition 101, The University City Family Church Wellness Conference, St. Louis, MO, January 2016.

2015 Lucas T, Linsenmeyer W, Crisis management in relation to the unrest in Ferguson, Missouri, Current Issues in Hig F b tFaiat o is Uafnseur sity ή t. L Mi ƴ W, T ee ž

2017	Advanced Nutrition, DIET 3850, Co-Instructor Clinical Systems Management, DIET 5350, Primary Instructor Foundations in Nutrition, DIET 2080, Primary Instructor Nutrition Capstone, DIET 5960, Primary Instructor Pastry Lecture, DIET 4270, Primary Instructor Aspects of Nutrition in Physical Therapy, DPT 5137, Primary Instructor
2016	Foundations in Nutrition, DIET 2080, Primary Instructor Clinical Systems Management, DIET 5350, Primary Instructor Baking Lecture, DIET 4250, Primary Instructor Pastry Lecture, DIET 4270, Primary Instructor Culinary Medicinal Herbs, DIET 4070/5070, Primary Instructor Bioenergetics of Athletic Performance, MAT 5160, Primary Instructor Aspects of Nutrition in Physical Therapy, DPT 5137, Primary Instructor Crossroads: Intro to Honors, HR 1900-02, Primary Instructor
2015	Foundations in Nutrition, DIET 2080, Primary Instructor Clinical Systems Management, DIET 535, Primary Instructor Dietetic Internship, DIET 5910, Course Coordinator Baking Lecture, DIET 4250, Primary Instructor Baking Lab, DIET 4250, Co-Instructor Pastry Lecture, DIET 4270, Primary Instructor Culinary Medicinal Herbs, DIET 4070/5070, Co-Instructor
2014	Nutrition in the Lifecycle, DIET 210, Primary Instructor Hot Topics in Nutrition, DIET 100, Co-Instructor Clinical Systems Management, DIET 535, Primary Instructor Dietetic Internship, DIET 5910, Course Coordinator Pastry Lecture, DIET 4270, Primary Instructor Culinary Medicinal Herbs, DIET 4070/5070, Co-Instructor

FACULTY DEVELOPMENT ACTIVITIES

2022	Community Engagement Studios, Center for Community Health Partnership and Research, Institute of Clinical and Translational Sciences, Washington University in St. Louis
2021	BILCN Research Program, Saint Louis University
2019	Workload Release Program, Saint Louis University
2019	Online Teaching Seminar, Saint Louis University
2018	Small Group Instructional Feedback Session for DIET 3850, Saint Louis University
2017	Grantsmanship Workshop, Saint Louis University
2016	The Experiential Classroom, University of Florida at Gainesville
2016	19th Annual Academic Portfolio Retreat, Saint Louis University
2016	Winter Institute 2016: Thinking Critically, Thinking Creatively about Teaching, Saint Louis University
2016	Small Group Instructional Feedback Session for MAT 5160, Saint Louis University
2013	Online Teaching Skills Certificate, St. Louis Community College